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**\*\*FOR IMMEDIATE RELEASE\*\***

## **A Dinner Party Planner for the Novice Chef**

NEW YORK—MONTH XX, 2018—Morgan James' new release, *Impromptu Friday Nights: A Guide to Supper Clubs* by Paul J. Kenny, aims to unite friends and family through the art of food. More than an average cookbook or menu guide, this multi-faceted new book teaches aspiring chefs and inexperienced hosts how to organize and throw the best dinner parties.

The best way to socialize is over a good meal, but restaurants can be crowded and eating out gets expensive. Chef Paul Kenny has found that the solution is supper clubs! Hosting regular dinner parties with a select group of friends is more intimate, more affordable, and more fun than going out to eat all the time. However, coming up with a unique menu, organizing the right guest list, and maintaining a fun, comfortable atmosphere for a party can seem daunting. In *Impromptu Friday Nights: A Guide to Supper Clubs*, Kenny has an answer for all these woes. The expert chef and experienced supper club host provides a step-by-step guide to organizing a successful, ongoing supper club.

There's so much more to a dinner party than just the food. *Impromptu Friday Nights* offers readers tips on finding the right people, developing the menu, reducing stress, handling costs, party preparation, and actually cooking the meal. Each chapter outlines a different kind of supper club based on different preferences – from a formal club for fine dining experts to a club for those who have zero experience but still love to eat. There's something for every type of foodie. Though not a cookbook, *Impromptu Friday Nights* contains sample menus complete with detailed recipes, for those who are just starting their cooking journey.

Written by someone who loves great food almost as much as he loves sharing it with others, *Impromptu Friday Nights: A Guide to Supper Clubs* is a concise how-to planner with a whimsical tone that reminds readers that cooking should be fun and socializing should be stress-free.

If you would like more information about this topic, or to schedule an interview with Paul J. Kenny, please call Nickcole Watkins at 516.900.5674.

### **About the Author:**

Having spent 35 years working for Kraft foods, Chef Paul Kenny learned from some of the country's best chefs and food scientists. He eventually became Vice President of Marketing for the ingredients division of Kraft, where he got to work with such food experts as the scientist that invented Kraft Macaroni and Cheese as well as the chef that led innovation at Nestle for over 20 years. Paul's experience with these chefs combined with his studies of international cuisines have made him an expert in how food should be made, and how it should be enjoyed: in the company of friends and family. Kenny currently lives with his wife in Germantown, Tennessee, where they enjoy hosting dinner parties and crafting new culinary creations.

### **More About This Title:**

*Impromptu Friday Nights: A Guide to Supper Clubs* by Paul J. Kenny, will be released by Morgan James Publishing on January 30, 2018. *Impromptu Friday Nights*—ISBN 9781683505044—has 182 pages and is being sold as a trade paperback for \$17.95.

### **About Morgan James Publishing:**

Morgan James publishes trade quality titles designed to educate, encourage, inspire, or entertain readers with current, consistent, relevant topics that are available everywhere books are sold.  
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